



Parenting Classes

January - March 2010

Getting Ready for School...From Birth?

While babies and toddlers don't need flash cards, phonics books, or calculators to learn, they do need lots of time to play with you; plenty of chances to talk, listen, laugh, and sing; and opportunities to explore the world around them. These experiences give children exactly what they need to become curious, thoughtful, confident problem-solvers—just the sort of skills that will help them succeed in school later on. Read more about how to make learning part of the loving, nurturing everyday routines you and your child already share.

Zero to Three

DON'T MISS OUT...REGISTER NOW

Winter Workshop Series

- 1/21 Bedtime and Mealtime Power Struggles
- 2/23 Nurturing Self-Esteem
- 3/18 Discipline: Logical Consequences & Age Appropriate Discipline

Ask us about...Parent Coaching
...addressing your specific needs!

Bringing-up-Baby (parenting from birth to 24 months)

Saturdays January 23 - February 13 9:00 - 11:00 AM
 Saturdays March 20 - April 17 (no class 4/3) 9:00 - 11:00 AM
 \$45/Participant, \$55 a couple, includes book

Systematic Training for Effective Parenting (STEP):

Parenting Young Children (two to six)

Tuesdays January 12 - February 16 5:30 - 7:30 PM
 Wednesdays, January 27-March 3 (NW at Wheeler Taft) 6:00 - 8:00PM
 Thursdays February 4 - March 11 5:30 - 7:30 PM

Parenting School Age Children (six to twelve)

Thursdays January 28 - March 4 (in Sahuarita) 6:00 - 8:00 PM
 Tuesdays March 2 - April 6 5:30 - 7:30 PM

Parenting Teenagers (twelve to eighteen)

Saturdays February 6 - March 13 8:30 - 10:30 AM

Calming the Family Storm

Thursdays January 21 - February 25 5:30 - 7:30 PM

Open Forum

Thursdays March 25 - April 29 6:00 - 7:30 PM

Parenting class fee, unless noted otherwise:

\$75/participant or \$110/2 participants

Fee includes 6-week class, materials, book, and certificate(s).

Pre-registration required. Classes are limited to 14 participants.

Parent Skills Workshops (Certificate, \$10 per session. Workshops are offered in English and Spanish)

On-going series that repeats every twelve sessions

Every Monday 5:30 - 7:30 PM

Every Wednesday 9:00 - 11:00 AM

Talleres para padres (hable al 321-1500 para más informes)

Esta serie de clases se repite cada doce semanas

Cada Lunes 5:30 - 7:30 PM

For more information, call 321-1500

Sign Language Classes

*Pre-registration Required: DEADLINE 3 days before first meeting

Level 1 Sign with your Baby (SWYB):

\$60/4 week course (includes book)

Saturdays January 23 - February 13 11:30 AM - 12:15 PM
 Wednesdays February 10 - March 3 11:30 AM - 12:15 PM